

**Third Sector Dumfries & Galloway
Health & Social Care Forum
Tuesday 13th September 2022**



Third Sector
Dumfries and Galloway

TSDG Staff Members: Niomi Nichol, Health & Social Care Manager.		
Forum Members: Pamela Deans, Dumfries and Galloway Advocacy Service; David Stewart, Fedcap; Emma Scott, Support in Mind Scotland; Kate Gibbons, NHS Dumfries & Galloway; Euan MacLeod, NHS Dumfries & Galloway; Claudine Brindle, Dumfries Carers Centre; Carine McWilliam, Stewartry Care; Georgia Walker, Support in Mind; Craig McEwan, Inspired Community Enterprise Trust; Bryony McCulloch, Loreburn Housing Association; Isobel Henkelmann, The Food Train; Jim Brodie, The Food Train; Debbie Cochrane, Stewartry Care.		
Apologies: Trisha McWilliam, Care Trust; Lucy McLeod, OutPost Arts; Ian Seymour, Care Train Consultancy; Heather Dorling, Loreburn Housing Association.		
Agenda Item	Discussion	Action Point
1.	Welcome and Introductions Niomi Nichol (NN) welcomed everyone to the meeting and thanked them for their attendance. All attendees introduced themselves. NN talked through the agenda for the meeting which would include specific points that require discussion from the group.	
2.	<u>Feedback from HSC forum meeting 14.06.22</u> NN fed back on work undertaken by TSDG to date following the last H&SC, during which Justin Murray (NHS D&G) had been “blown away” by the capacity of the sector. Since the last forum, NN has had meetings with Jacqui Pike to support ongoing work between the mental health directorate and the third sector. The next steps for links between the third sector and mental health directorate are to gather third sector organisations and the mental health directorate and establish pathways of support. Following discussions regarding support for carers, discussions have been had in support of upskilling, training and understanding for Carers in the discharge process. After the peer support chat had at June forum regarding to struggles with menopause and women’s health, NN notified the forum that initial discussions had been had to facilitate women’s health cafés to women in the third sector.	
3	<u>What can the third sector do to support community health and wellbeing, delayed discharge and H&SC pressures?</u> Jim Brodie (JB) of The Food Train expressed that they had previously taken part in a test of change for a new “Home from Hospital” package which supports with food, hospital transport and befriending for the first 72hrs after discharge but only a handful of these were used. A lack of communication is assumed to be the cause. Euan MacLeod (EMc) to explore the outcome of this. David Stewart (DS) would like to understand what more Fedcap can do to support both to support discharge and future plans to reduce readmission rates, but also in early	EMc, JB, IH, NN – meet to discuss lessons learned and way forward.

	<p>intervention and prevention to prevent hospital admissions in the first instance. DS keen to form networks of support. DS also recognised that there needs to be appropriate funding of services to enable the sector to make real contribution.</p> <p>NN shared TSDG hopes to secure funding for hospital based third sector coordinator. Securing this post would mean a constant presence in the hospital to coordinate third sector services to support with prompt and planned discharge and patient journey. This is something that, if successful, could be expanded into the community.</p> <p>Claudine Brindle (CB) offer to share knowledge following previous hospital based support by Dumfries Carers Centre.</p> <p>NN asked attendees how they would prefer to be involved with this project. Would their organisation benefit from referrals, signposting, coordination or a “one-stop-shop” style project. All agreed that a referral process would be helpful, as would a “one stop shop” style.</p> <p>Broad agreement that the biggest barriers are communication and awareness from and within DGHSCP.</p> <p>Broad agreement that there needs to be an exercise in lessons learnt from services past and how can build on these to avoid wasting resource in the future.</p>	
5	<p><u>AOCB</u></p> <p><u>Cost of Living Crisis</u></p> <p>NN asked the group what support they needed from TSDG and also, are they delivering any additional services to support the Cost of Living Crisis.</p> <p>Emma Scott (ES) posted links related to vulnerable adults during the crisis and explained the increase in scams during the crisis (https://www.tsscot.co.uk/cost-of-living-scams/). ES also explained how vulnerable adults and families should register as vulnerable with their energy provider (https://www.uswitch.com/gas-electricity/guides/priority-services-register/)</p> <p>CB explained they are providing additional support to Carers as their stresses are elevated as Carers are often at home for longer hours during the day than other members of the community and so this is meaning heating and electricity consumption is higher.</p> <p>SiMS are considering “cosy cafés”/warm hubs but this is still in the early stages and will need funding. NN explained that, as long as orgs can evidence the impact on mental health and wellbeing on providing CoL crisis support, the Communities Mental Health and Wellbeing Fund could be a source of funding. The fund opened on Monday 12th September 2022.</p> <p>Food Train are exploring “winter warm packs” for members which could include items such as hot water bottles, a blanket, hot drinks etc. JB feels they would benefit from volunteering support. NN to refer to Ann Gordon, Volunteering Officer.</p> <p>Loreburn Housing Association have begun offering activities in their shared lounges to enable people to seek the heat from lounges without feeling like they are drawing attention to themselves.</p>	<p>NN – refer Food Train to Volunteering.</p>

	<p>Fedcap are investing in a child poverty project, initially starting Dunfermline but will disseminate across Scotland. NN asked DS to share details. <u>DGHSCP 'Making The Leap' providers event</u> NN reminded the groups of the above event aimed at third sector and independent sector providers. The Bridge, September 28th 2022</p>	<p>NN to share with Poverty and Inequalities Forum and Children and Young People Forum.</p>
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