



Communities Mental Health and Wellbeing Fund

SMALL GRANTS UNDER £3000

Anticipated outcomes

- More people can live independently and healthily in their own homes
- Health and social care inequalities in relation to mental health are reduced, including addressing barriers to access advice, support, and services
- Safer and more effective care and support for mental health and wellbeing that improve people's chosen outcomes and lived experience
- More people are supported to prevent or manage their mental health distress or crisis
- Emphasis on projects addressing the cost of living crisis and supporting those facing socio-economic disadvantage
- People and communities are enabled and supported to self-manage their mental health and wellbeing, connect, be more resilient, and strengthen communities
- People who deliver unpaid care and support to improve mental health and wellbeing, are better valued and fully supported to maintain their own mental health and wellbeing.

Timeline



SEPTEMBER 2022

Third Sector Dumfries and Galloway Webinars for Round 2.



SEPTEMBER-OCTOBER 2022

The Small Grants funding window for applications is open.



END OCTOBER 2022

Funds are committed.



NOVEMBER 7 2022

Project start date for up to two years.



wellbeingfund@tsdg.org.uk



0300 303 8558



Communities Mental Health and Wellbeing Fund

MAIN GRANTS UP TO £50,000

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- More people can live independently and healthily in their own homes
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Timeline



SEPTEMBER 2022

Third Sector Dumfries and Galloway Webinars for Round 2.



SEPTEMBER-OCTOBER 2022

Fund opens for Stage 1 applications.



NOVEMBER 2022

Focus group review of application.



NOVEMBER 2022- JANUARY 2023

Capacity building.



DECEMBER 2022- FEBRUARY 2023

Invitation to make full Stage 2 application.



MARCH 20 2023

Project start date for up to two years.



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